

**TAKE TIME
TO REST,
REFLECT,
AND RESET.**

Many times when we are going through life we fail to take time to rest, even when we become overwhelmed with the busyness and struggles along the way. We keep pushing on and don't realize how tired we are becoming. I don't know about you, but I know that I have definitely done this.

As the pandemic has drug on and on we have had less chances to get away from our regular schedules to vacation, or even to step away from work as many have been working from home.

This happens in all stages of life. We have to remember to focus on Christ and follow His examples. Look at His examples for rest in scripture. He took time to step away from the activities of the day and of the various events to rest, reflect, and reset for the next day. Here are some of those passages that show Jesus' example of this: "very early in the morning, while it was still dark, he departed and went out to a desolate place and there he prayed." (Mark 1:35) After John the Baptist's death, Jesus said to the disciples, "Come away by yourselves to a desolate place and rest a while.' For many were coming and going, and they had no leisure even to eat." (Mark 6:31-32) The Message translates Matthew 11:28-30, "Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

Take time to rest and reflect on God, then you can reset yourself to start fresh. We are told in Psalm 46:10, "Be still and know that I am God..." This means to stop taking control, and allow God to guide and be in charge of all of life. Before life even begins to get overwhelming, remember this...



Blessings,
Pastor Ruthie Trigg

♥ Welcome to Preschool!

On May 12th, we celebrated the children by having a Preschool graduation ceremony and ice cream social. We invited the children's families and friends to be part of this celebration. The children all received a Preschool Diploma and parents were given an opportunity to take pictures in front of a graduation backdrop. There were tears shed throughout the day by children, parents, and even Sarah and I. We encouraged the families to leave us feedback about how they felt the year went and ways in which we could improve for the upcoming years. We are already looking forward to the next school year, which will begin on Tuesday, September 13th, 2022.



Let Us Live 
LOVE 
1 John 4:7-13 (NIV)

Annual Conference 2022 will be held **Thursday, June 9 through Saturday, June 11**. Larissa Richards will be attending as our church representative, and Betty Winchell will be attending as a Canal District representative. Pastor Ruthie will be attending these days and will meet also on Wednesday, June 8th for the pastors' annual executive meeting. If you are interested in watching any of the livestreaming of sessions and events on June 9th - 11th, the following is the website to log into: <https://www.eocumc.com/eoac22/index.html> and click on the LIVESTREAM at the end of the choices, or you can go to www.eocumc.com and click on the Annual Conference logo on the page and then click on LIVESTREAM. There is a lot of information on this site that you can read about Annual Conference speakers, those being ordained and commissioned, those retiring, church appointment, and many other topics. Just click on the subject bars across the top and it will give you the lists of topics available.

SCHEDULE FOR ANNUAL CONFERENCE

Thursday, June 9th - 9:00-10:30 a.m. - Service of Commemoration and Holy Communion

10:45-11:45 a.m. & 1:30-4:00 p.m. - Business Sessions

4:00-5:15 p.m. - Celebration of Retirement

Friday, June 10th - 9:00-10:00 a.m. - Morning Worship

10:15-11:45 a.m. & 1:30-5:15 p.m. - Business Sessions

Saturday, June 11th - 9:00-10:00 a.m. - Morning Worship

10:15-11:45 a.m. & 1:30-2:30 - Business Sessions

3:00-4:30 p.m. - Service of Commissioning and Ordination



Joys



Congratulations! Ally Bell - graduation from college!

Joyce Williams had good results in recent testing.

Bruce's sister Lovell's cancer has not spread to her bones.

The choir has been able to sing for worship since November!

Safe travels

Answers to prayers!

Birthday celebrations & families together!

Enjoying God's beautiful creation!

Concerns

Marilyn Hofacre's friends Laura, Ella Mae, and Marlene

Jason Jewell & friends who lost a friend to suicide - Del Trigg's coworker

Safety for children as they finish the school year and throughout the summer

Margaret Moedt through moving transitions

Traveling mercies

Wildfires in the West

Disaster & Violence victims

Ukraine/Russia War

Our country & area communities

Health

Marilyn Hofacre's daughter-in-law Christa

Leigh Litman's sister, Loretta - recurrence of cancer

Continued prayer for Dick B. to remain healthy

Nancy (& Butch) McMillan

Anita (& Don) Vohar - health

Robin Kirkhart & Pat Meglich

Pam Hartman - kidney health

Judy King (Becky's mom)

Ruthie Schumacher

Dick & Dorothy Gillman

Pauline Rastorfer

Lovell, Bruce Lindenmuth's sister - cancer

Tressa S. - Pastor Ruthie's friend - recovery from brain aneurysm

Debbie Baker (& her husband, Rev. David Baker) - stroke recovery & cancer

Pastor Joyce Williams (& Jack) - cancer

Harry & Nancy Britton

Rae Smith

Betty Gift

Annibale & Mohr families, Mary Lynn

Our sympathy to any family & friends who have lost loved ones:

Jack Veronica

Doug Bases

Ray Piatt

Robb Elementary School shooting in Texas

Ukrainian War

Our military

Others

Fireside Chat



Fireside Chat with the Finance Chair

Dear Friends,

I am so happy to report that our Apportionments are paid up to date and other bills are up to date. I was thinking about what is coming over the summer and into the fall. I asked myself, "Are there any special things coming up that I need to plan for in my church giving?" An email popped up on my computer from Samaritans Purse reminding me that the shoe box drive is coming up in the fall and in fact distribution of some of the boxes is going on even this summer. I like to shop for things all year long and save them for the drive. Why? Because I like to bargain hunt and get the best for the least. I think what will fit in the shoe box? School supplies are always good and believe it or not, back to school supplies will be on the shelves at sale prices before we know it. Check clearance shelves at Big Lots, the dollar stores and drug stores. I've even found things when shopping in gift shops when on vacation. Kohl's has a display of well-known books right inside the door near the checkout lanes and character toys that go with the books at a supper price. While the books may not be a good choice because of being in English, the characters are known in many languages and some will fit in a shoe box (One year I got a red Elmo stuffed toy for \$5.00.) Sesame Street characters are known all over the world. The same with Disney characters. You do have to think about how big the toys are. Some dolls for instance are too tall or too stiff to fit in the box. A teddy bear may be too broad or too fat. If you have time on your hands and you sew, you can make a doll or stuffed animal to control how bendable they are to fit in the box with the other things like coloring books, jump ropes, school supplies that you may want to send along. Guys, if you like to work in a wood shop you can make cars, trucks, trains, etc. out of your scraps to fit in the boxes. And remember, no police or military type toys.

Isn't it fun to think about what we can do for others since God has given us an abundance to work with if we plan ahead? Oh by the way, I have a doll for some little six or seven year old girl this year and a colorful bandana to wrap her in as a blanket and her new mother can wear it as well.

God bless and happy shopping,
Martha Baillis, Finance Chair
(and member of Missions Committee)

Trustee's Corner



Items since last month:

- Passed recent boiler inspection; received bill from Ohio Department of Commerce for certificates, \$68.25 each.
- Reattached window trim in parsonage master bedroom, made 2x4's to support window A/C's above trim.
- Installed a push bar paper towel dispenser in east preschool restroom! Preschool plans to purchase additional units for other restrooms, including soap dispensers.

Food Pantry

We had a great turn out for our May 18th, Food Pantry. We had 22 Families (New - 0), 68 People, and 33 Sets given out. Our next Food Pantry/Community Dinner will be Wed. June 15th, 2022. Food pantry set-up will be Tuesday, June 14th @ 6:30pm. We always need help for set up and for the Community Dinner/Food Pantry. Sign-up sheet for food for the Community Dinner will be on the table in the Narthex and available to sign-up on June 5th & 12th. Thank you again for everyone who helps.




Bible Studies

There is always room for more!

The men will be finishing up their study of the Book of John. They will be taking the summer off and joining back together in the fall.

Some women meet on Thursdays at 6:30pm, and are led in various studies by Betty Winchell and Sara Ullman. Another group of women will be meeting at 10:00am led by Pastor Ruthie, also on Thursdays.

Titles and tentative dates are as follows:

Nehemiah: A Heart That Can Break by Kelly Minter  has begun and will go through 6/30th or 7/7th.

7/14th - 9/1st Surrendered: Letting Go and Living Like Jesus 

9/8th - 10/27th The Longing in Me: Studying the Life of David 

11/3rd - 12/29th Jude: Contending for the Faith in Today's Culture 

1/12th - 2/23rd Numbers: Learning Contentment in a Culture 

3/9th - 4/20th What Love Is: Letters of 1, 2, 3 John 

Keep checking for any updates.



June

1st - Bruce Lindenmuth

2nd - Dick Baker

Rachael Ramsier

8th - Harry Britton

17th - Matthew Richards

23rd - Sandy Gasser

26th - Pat Seiler

29th - John Lunter



June

6th - Bob & Lisa Hartman

10th - Don & Ruthie Trigg

12th - Bill & Lori Ullman

13th - Bruce & Ruthanne Lindenmuth

14th - Matt & Amy Hutton

22nd - Rod & Judy Britton

26th - Lee & Betty Winchell

NOURISH AND CHERISH EACH OTHER!

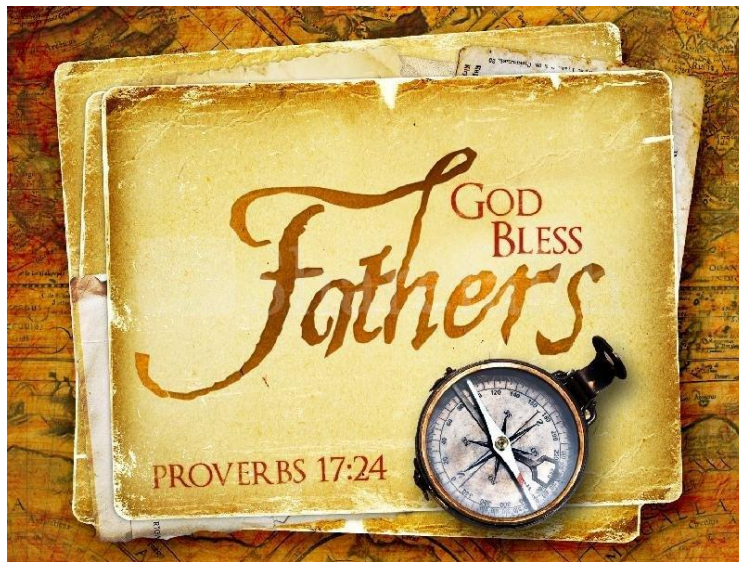
When it comes to loving your husband or wife, the Bible uses the words “nourishes and cherishes.” The word *nourish* means “to build up, strengthen, develop, and sharpen.” The word *cherish* means “to treasure, value, protect, and celebrate.” Do you recall how you felt as a child at your birthday party when you were treated like the most special person in the room? Now you’re older and more mature, but don’t you still want to be celebrated that way...just a little bit, once in a while? Come on, admit it-you know you do! Feeling celebrated in a loving relationship is essential to its health. It’s nice to be the object of the celebration, but it’s equally important to plan celebrations for and with your partner. Whether it’s for big occasions like birthdays, anniversaries, and job promotions, or smaller occasions that matter only to the two of you, making your mate feel special and cherished in ways that matter to him or her helps create a lifelong bond between you. Now, being celebrated doesn’t mean that life is always a party. Sometimes celebration includes comforting and consoling each other through the dark days and tough times. In fact, the ability to celebrate the joys of life amid its bitter downturns is a priceless quality you’ll find only in mature individuals. It’s easy to celebrate the good times, but you need someone to love you and stand by you after the holiday ends and the workday begins. So the word for you today is Nourish and Cherish each other!



FATHER'S DAY PRAYER by Joanna Fuchs

Lord, please bless our fathers, these men who mean so much to us, who are greatly responsible for who we are and who we are becoming. Bless them for having the courage to do what's necessary to keep us out of trouble, for making us do the right thing, for helping us build our character, even when it makes us angry; and bless them for pushing us to do our best, even when they just want to love us. Bless our fathers for being our protectors, for leading us through stormy times to safety, for making us believe that everything will be all right and for making it so. Bless our fathers for quietly making a living to provide for those they love most, for giving us food, clothing, shelter and other necessary material things, for unselfishly investing time and money in us that they could have spent on themselves. Bless our fathers, Lord, for saving some energy for fun, for leading us on adventures to explore the outer reaches of ourselves, for making us laugh, for being our playmates and our friend. Bless them for being our secure foundation, our rock, for holding on tight to us...until it's time to let us go. Lord, bless these men we look up to, our role models, our heroes, our fathers.

In Jesus' name we pray, Amen.



My Father, My Guiding Light

Dad, you're like the sun to me, a sure thing, always there, beaming light and warmth on my life. Whatever is good in me today, I owe to your wisdom, your patience, your strength, your love. You taught me by example, as a role model, how to be my own person, how to believe in myself, instructing me without controlling me. Even when we disagreed, you held us together, so our bond was never broken. I understand what you did for me, and I am so grateful that I have you as my solid foundation, my rock. I respect you, I admire you, I love you, my guiding light, my father.

~Joanna Fuchs

Mary's Meanderings

Sunday, June 5, 2022, is Pentecost. What is Pentecost? It is the Christian holiday that celebrates the descent of the Holy Spirit upon the apostles and the other followers of Jesus. Pente comes from the Greek word meaning five. Pentecost comes on the fiftieth day (or seventh Sunday) after Easter. The Jews were in Jerusalem celebrating Shavuot known in English as the Feast of Weeks. Shavuot is the remembrance of the giving of the Ten Commandments to Moses on Mt. Sinai. It is a harvest festival also known as First Fruits during the Festival of Weeks. It is celebrated seven weeks and one day after the first day of Passover. The seeds that have been lying dormant spring forth. On Passover the bread is unleavened or flat. On Shavuot bread is made with yeast. The center of the bread represents Mt. Sinai and it is surrounded by seven rings of dough. Do you think it is a coincidence that our Pentecost is celebrated when the Jews are eating leavened bread or bread that has grown and multiplied from yeast? Pentecost is when the Holy Spirit poured His power on the followers of Christ and the church grew by 3,000 that day.

"When the day of Pentecost came, they were all together in one place. Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. They saw what seemed to be tongues of fire that separated and came to rest on each of them. All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them." Acts 2:1-4. The Holy Spirit pouring out on all the people is first mentioned in the book of Joel 2:28-30 "And afterward, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your old men will dream dreams, your young men will see visions. Even on my servants, both men and women, I will pour out my Spirit in those days. I will show wonders in the heavens and on earth." All the seeds and promises God planted in the Old Testament come to fruition here.

Three symbols of Pentecost are wind, fire and a dove. In the Old Testament when God creates, the wind or the mighty breath of God brings life. As the women in our Bible Study learned from the study of the Old Testament fire is a symbol of God. The tongues of fire came to rest upon the disciples' heads as a dove just as the Holy Spirit descended upon Christ at His baptism. Red is the color of Pentecost as seen in vestments and clothing worn that day representing the joy and fire of the Holy Spirit. The late Dr. R. C. Sproul thought that Pentecost marked the reversal of the Tower of Babel. When each person heard the Gospel in their own language the curse of Babel was overcome.

Pentecost fulfilled the promise of Jesus as Luke records in Acts 1:4-5 "On one occasion, while He was eating with them, He gave them this command: 'Do not leave Jerusalem, but wait for the gift my Father promised, which you have heard me speak about. For John baptized with water, but in a few days, you will be baptized with the Holy Spirit' ". Pentecost is restoration of the relationship that Adam had in the garden with God. It's a relationship, not a set of rules. Now that the Holy Spirit was with men and women the church as it began that day could set the world on fire for the Kingdom of God. Let us continue.

